



Sulsa Camp Supplies List

You will need to bring some essentials. The following list of items will help make sure you have everything you need for a weekend of training and camping!

Recommended Basic Needs

- **Flashlight:** Handheld and/or headlamps are recommended.
- **Knife:** Fixed blade with sheath that is sturdy and has a securing snap or strap that will hold the knife securely within the sheath.
- **Black Cotton Material:** 40"x40" square
- **Bug Repellant:** with DEET
- **Sun Screen**
- **Camp Chair**
- **Extra Batteries**
- **Towel(s)**
- **Trash Bags:** All participants are expected to leave the site cleaner than we found it.
- **Clothing:**
 - Hat or scarf to cover head
 - Tactical pants or military BDU's are recommended.
 - Military tops or t-shirts
 - **Shoes:** Combat/tactical/hiking boots are recommended for training. Some participants prefer minimalist outdoor shoes, such as Five Fingers. These are fine are recommended only if you have previous experience with this type of shoe. Camp shoes are recommended for use during rest periods. These should be easy to get in and out of (sandals, tennis shoes, etc.).
 - Extra socks
 - Clean clothes (and funds) for restaurant on last day
 - Pancho and/or rain gear: The camp is happening rain or shine. It can be even more fun in the rain!

Camping Gear

- **If You Are Camping**
 - Tent
 - Sleeping bag – Temperatures during April in Central Texas typically range between 60 and 80 degrees Fahrenheit
 - Sleeping pad/mattress
- **If You Are Staying In A Screened Cabin**

Note: *bedding not provided*

 - Sleeping bag
 - Sleeping pad/mattress

Food

- Water (2 gallons minimum per person)
- **If you are providing your own meals:**
 - 1 breakfast, 2 lunches and 1 dinner. Keep in mind that it is better to have food that is quick to prepare, particularly for lunch.
 - Cooking utensils
 - Camp stove